

UHR Conference 2025

Online 13 - 15 May

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Keeping the "H" in HR during Turbulent Times

Kathryn Eade, Lead Consultant, AHEP Consulting Strategic Change Lead University of Salford

Vikki Goddard, Lead Consultant, AHEP Consulting Chief Academic Services Officer University of York

Keeping the "H" in HR in turbulent times

Session Objectives

- Recognise the human impact of organisational change
- Share and reflect on practical strategies to keep people at the centre during time of uncertainty and change
- Facilitate peer learning and encourage personal commitments to change

A few words to describe how change has felt in your institution lately

Use the Polls tab to submit your word(s)

The human side of change

Put in the chat the kinds of change you are navigating at the moment Think of a recent change initiative. What helped retain the 'human' element – and what was missing?

Use the Polls tab to add your thoughts

Three human-centred principles in turbulent times:

- **1. Intentional Communication**
- 2. Visible Compassionate Leadership
- **3.** Practical Support Structures

"The Human Lens Checklist" – a five-point reflection tool:

- Empathy First
- Clear is Kind
- Inclusive Approach
- Support Systems/Signposting
- Reflection & Feedback

Thank you

Contact us at: Consulting@ahep.ac.uk

Kathryn Eade <u>K.J.Eade@salford.ac.uk</u> https://www.linkedin.co m/in/kathryneade/

Vikki Goddard Vikki.Goddard@york.ac.uk https://www.linkedin.com /in/vikki-goddard-5334bb27/



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